

ALCOHOLISM

Alcoholism is a rough word to deal with.

Yet nobody is too young (or too old) to have trouble with alcohol.

That's because alcoholism is an illness. It can hit anyone.

And it doesn't matter how long you've been drinking or what you've been drinking. It's what drinking does to you that counts.

To help you decide whether you might have a problem with your own drinking, we've prepared these 12 questions. The answers are nobody's business but your own.

If you can answer yes to any one of these questions, maybe it's time you took a serious look at what your drinking might be doing to you.

And, if you do need help or if you'd just like to talk to someone about your drinking, call us. A.A.—it works. Check your phonebook, newspaper or aa.org.

ALCOHOLICS ANONYMOUS® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcoholism.

- The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.
- A.A. is not allied with any sect, denomination, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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A MESSAGE TO TEENAGERS...

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HOW TO TELL WHEN DRINKING IS BECOMING A PROBLEM

A SIMPLE 12-QUESTION QUIZ DESIGNED TO HELP YOU DECIDE

recovery

1
DO YOU DRINK TO RELAX
WHEN YOU HAVE
PROBLEMS?



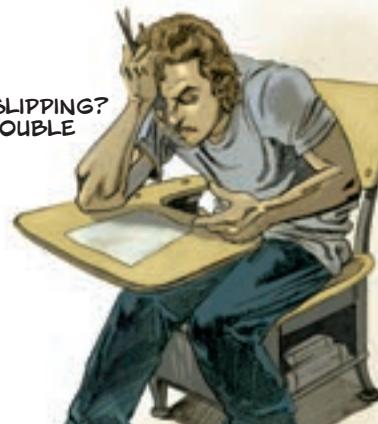
2
DO YOU
DRINK WHEN
YOU GET
IRRITATED,
FRUSTRATED,
UNHAPPY, OR
ANGRY?



3
DO YOU
PREFER
TO DRINK
ALONE?



4
ARE YOUR GRADES SLIPPING?
ARE YOU HAVING TROUBLE
AT WORK?



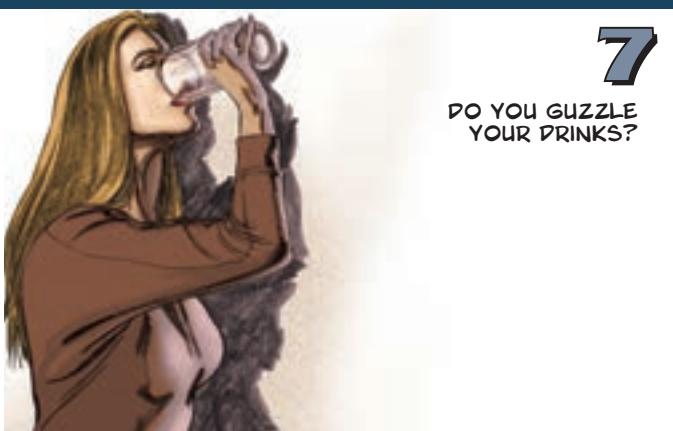
5
DO YOU
EVER TRY
TO STOP
DRINKING,
OR DRINK
LESS, AND
FAIL?



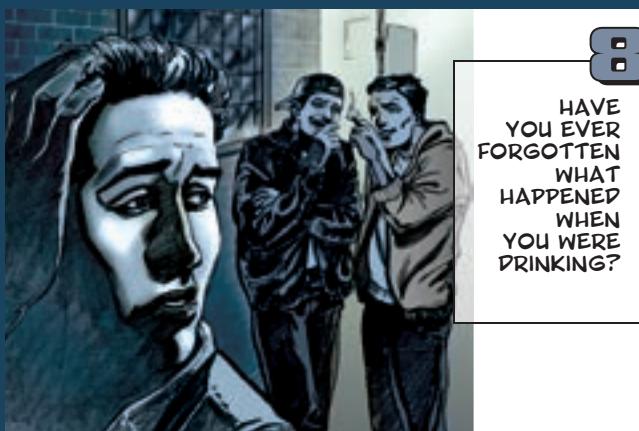
6
DO YOU TAKE DRINKS
IN THE MORNING?



7
DO YOU GULZE
YOUR DRINKS?



8
HAVE
YOU EVER
FORGOTTEN
WHAT
HAPPENED
WHEN
YOU WERE
DRINKING?



9
DO YOU EVER
LIE ABOUT YOUR
DRINKING?



10
DO YOU
EVER GET
IN TROUBLE
WHEN YOU
DRINK?



11
DO YOU GET
DRUNK WHEN
YOU DRINK,
EVEN THOUGH
YOU DON'T
WANT TO?



12
DO YOU THINK IT IS
COOL TO BE ABLE
TO DRINK A LOT?

